

Myringotomy with Tube placement

Postoperative Instructions

Special Instructions

- You may clean the outside of the ear with a washcloth.

Medication

- You may use Tylenol® or Motrin® as needed.
- Your physician may provide a sample of prescription ear drops with instructions.

Activity

- You need not plug the ears while showering or bathing. You should use earplugs while swimming in dirty water or diving to more than three feet in swimming pool.
- Adult supervision is recommended for the day of surgery as the patient recovers from anesthesia.

Diet

- No restrictions.

Postoperative Follow-up Appointment

- Usually 2-4 weeks after surgery. Call the office at 636.441.3100 should you need to reschedule or confirm.

What to Expect

- Drainage from the ear may occur. This may be clear, mucoid or bloody. Call if fails to resolve after 4 days.
- Children may be fussy or sleepy the day of surgery due to the anesthesia.
- Low grade fevers that respond to Tylenol® or Motrin®.

When to Call

- Call the office at 636.441.3100 during routine hours for questions, concerns or medication refill requests. Please remember that pain medications will only be refilled during regular office hours.
- After-hours and weekend calls should be limited to urgent and emergent issues such as the following:
 - Excessive bleeding
 - Adverse reactions to prescribed medications, such as rash or vomiting
 - Fever $>101.4^{\circ}$ that does not respond to Tylenol® or Motrin®
- Should you choose or be instructed to go the ER for any reason, we ask that you go to either St. Joseph Hospital-Lake St. Louis or Barnes-Jewish St. Peters Hospital.